



FAQs

International Selection

Adults

Do I have to be certain age to be part of a trip leadership team?

You must be 18 and an adult member of Girlguiding Midlands (this could be anything from a unit helper to a unit leader or a district commissioner).

What qualifications do I need?

As an adult member of Girlguiding you will already have a DBS and have completed a safe space 1 and 2 or safer guiding. You may be asked to complete the a safe space 3 module as part of the trip.

You do not necessarily need to hold the adult leadership qualification to be part of a trip leadership team.

One member of the trip leadership team will also require a going away with qualification, and either hold or be working towards module 9 (travelling abroad) Girlguiding Midlands will support you to make a sure you hold all the correct qualifications before the adventure.

I haven't led an international trip before, but I am keen to get involved.

Being an international trip leader requires you to use a lot of skills that you will be used to using in other areas of Guiding and life. The region team will support you to develop these skills and support you to make the process.

I am applying for this experience on my own – is that ok?

Absolutely, many leaders choose to apply to lead region international trips as individuals, you will be matched into a team with other leaders who from across the region. This is a great opportunity to meet other leaders from round the region and develop a network.

I want to apply to lead a trip as part of a team – can I do this?

This is fine too – we welcome existing teams to apply to lead trips! All members of your leadership team will need to fill in the application process and attend the selection event.

When will these trips take place?

These trips will take place in 2027.

It is likely that the trips will take place in the summer holidays, but we will work with the leadership teams that are appointed to arrange dates that are suitable for the whole team.

How much time will I have to commit?

- Leader training – 1 Day (18 January 2026)
- Young people selection event – 1 weekend (14-15 February 2026)
- Briefing weekends – minimum of 2 weekends set by the leaders
- Trip – up to 3 weeks (dependent on the adventure)

Trip leaders will also have to dedicate admin time to their role, this usually amounts to approximately an hour to an hour and a half per week across the trip process

Am I guaranteed a place as a trip leader?

This is a selection process. At the selection event we will look at matching all interested leaders with the trip that is most suitable for their skills and experiences as well as matching you into a leadership team with other leaders who compliment your skills and abilities.

We may not be able to offer trip leadership opportunities to all those who apply.