

International adult leader selection for 2026 trips

FAQs



Do I have to be a certain age to be part of a trip leadership team?

You must be 18 and an adult member of Girlguiding (this could be anything from a unit helper to a unit leader or a district commissioner).

What qualifications do I need?

As an adult member of Girlguiding you will already have a DBS and have completed a safe space level 1 and level 2, you will be required to ensure these are in date and do not expire before the end date of the trip. You may be asked to complete a safe space level 3 as part of the trip.

You do not necessarily need to hold the adult leadership qualification to be part of a trip leadership team.

One member of the trip leadership team will also require a going away with licence and module 6 for all the sections that are travelling (Guides and/or Rangers), and either hold or be working towards the module 9 (travelling abroad).

Girlguiding Midlands region will support you to make sure you hold all the correct qualifications before the adventure.

I haven't led an international trip before, but I am keen to get involved.

Being an international trip leader requires you to use a lot of skills that you will be used to using in other areas of Girlguiding and life. The region team will support you to develop these skills.

You don't need to have had experience leading an international trip with Girlguiding before.

I am applying for this experience on my own, is that okay?

Absolutely, many leaders choose to apply to lead region international trips as individuals, you will be matched into a team with other leaders across the region. This is a great opportunity to meet other leaders from around the region and develop a network.

I want to apply to lead a trip with someone I already know, can I do this?

This is fine too – we welcome existing teams to apply to lead trips! All members of your leadership team will need to fill in the application process and attend the selection event.

When will these trips take place?

These trips will take place in 2026

The trips will likely take place in the summer holidays, but we will work with the leadership teams that are appointed to arrange dates that are suitable for the whole team.

What will the cost of the trips be?

Each trip has its own cost. There is a bursary available for all Girlguiding Midlands region trip leaders.

ICE Northern Ireland	£820
Europe adventure (Rome to home)	£1,980
Costa Rica	£3,600
Adventure for adults : Sangam	£2,750

To qualify for this bursary, you must be fully involved in the trip planning, attending regular meetings with the other members of your leadership team and the region international team.

How much time will I have to commit?

Leader training – 2 Day events, with additional online sessions if needed .

Young people selection event – 1 weekend

Briefing weekends – minimum of 2 weekends set by the leaders.

Trip – Up to 3 weeks (dependant on the adventure)

Trip leaders will also have to dedicate admin time to their role, this usually accounts to approximately an hour to an hour and a half per week across the trip process.

I can't attend the selection event – can I still be selected as a trip leader?

Sorry – to be eligible for selection you must attend the selection event on the 22 September 2024. As part of the selection event, we need to be able to see who works well as a team to begin to build up the trip teams.

Am I guaranteed a place as a trip leader?

This is a selection process. At the selection event we will look at matching all interested leaders with the trip that is most suitable for their skills and experiences as well as matching you into a leadership team with other leaders who compliment your skills and abilities.

We may not be able to offer trip leadership opportunities to all those who apply.