



Leaders' Notes

We hope that you and members of your unit will enjoy taking part in “i Do One Thing” to help wildlife and our natural environment.

There are lots of different activities that can be done as a unit, in small groups and/or individuals and with families. There is something for everyone.

Girlguiding Midlands would like to thank the Wildlife Aid Foundation and Lisa Bouskill for the information and activity ideas.

Lisa has compiled the following lists to show how the activities link to the guiding programme.

25p from each badge sale will go to the Wildlife Aid Foundation to support its work.

Links to programme

Learn something new

Loo Laws

- 'To flush or not to flush' UMA - Guides

Plastic fantastic?

- 'Waste of time' UMA - Rainbows

- 'Who cares Skills Builder' - Guides - Stage 4 Make Change

- 'Plastic personas' UMA - Rangers

Carbon clues

- 'Local munch' UMA - Brownies

- 'Carbon calculator' UMA - Guides

- Conscious consumer Interest Badge - Guides

- Saver Interest Badge - Guides

Chemical chaos

- 'Life hacks' Skills Builder - Guides - Stage 4 Live Smart

- 'Save the seas' UMA - Rangers

Minibeast mayhem

Bug best friends

- 'Bottle mansions' UMA - Brownies

- 'Pack it in' Skills Builder - Guides + Rangers - Stage 5 Make Change

Quadrant quest

- 'Biodiversity blitz' UMA - Guides

Worm puppet

- 'Puppet pals' Skills Builder - Rainbows - Stage 1 Innovate

Fantastic feathered friends

Nest homes

- 'Birdy builders' UMA - Rainbows

Feeding frenzy

- 'Snacks for quacks' UMA - Rainbows

- 'Citrus feeder' UMA - Guides

Fabulous 4-legged friends

Hedgehog hotels

‘Hedgehog homes’ UMA - Brownies

‘Pack it in’ Skills Builder - Guides + Rangers - Stage 5 Make Change

Get ready to explore

Care for your countryside

‘A country walk’ Skills Builder - Rainbows + Brownies - Stage 2 Explore

Slip, slap, slop

‘Ray of light’ Skills Builder - Brownies + Guides - Stage 3 Explore

Snack attack

‘Get your snack on’ Skills Builder - Guides - Stage 4 Explore

Marvellous maps

‘Suss out the symbols’ Skills Builder - Brownies + Guides Stage 3 Explore

Prepare 4 disaster

‘S.T.O.P’ UMA - Brownies

Be prepared Interest Badge - Guides

Lets go exploring

Look out, look out wherever you are

‘Bug hunt’ UMA - Rainbows

‘Biodiversity blitz’ UMA - Guides

‘Binocular bingo’ UMA - Rainbows

Tree directions

‘Root out the way’ Skills Builder - Guides + Rangers - Stage 5 Explore

Walk this way

‘Penny hike’ UMA - Guides

‘Story tail’ UMA- Rainbows

‘Explore local’ Skills Builder - Rainbows - Stage 1 Explore

‘Litter lotto’ UMA - Guides

Nature Interest Badge - Rainbows

Spread the word

Poster power

'Charity challenges' Skills Builder - Rainbows Stage 1 Make Change
Recycling Interest Badge - Rainbows
'Waste of time' UMA - Rainbows
'Advert inspector' Skills Builder - Guides + Rangers - Stage 5 Influence
'People power' Skills Builder - Guides + Rangers Stage 5 Influence
Charities Interest Badge - Brownies
Speaking out Interest Badge - Brownies

Positive planting

'Growing cups of kindness' Skills Builder - Rainbows - Stage 1 Make Change
Nature Interest Badge - Rainbows
'Plastic planting' UMA - Guides
'Sow it, grow it' UMA - Rangers
Upcycling Interest Badge - Guides
Grow your own Interest Badge - Brownies

Get social

'Positive pebbles' UMA - Brownies
'Power of positivity' UMA - Guides
'My beliefs rock' Skills Builder - Guides - Stage 4 Reflect
'Wear your heart on your sleeve' Skills Builder - Guides - Stage 4 Make Change
'Who cares' Skills Builder - Guides Stage 4 Make Change
Vlogging Interest Badge - Guides
Campaigning Interest Badge - Guides
Blogging Interest Badge - Rangers
'Link, share, subscribe' Skills Builder - Rangers - Stage 6 Influence
'The biggest influence' Skills Builder - Rangers - Stage 6 Influence

Get wordy

'Be zine, be heard' Skills Builder - Guides + Rangers - Stage 5 Make Change
'Mini manifesto' - Guides + Rangers - Stage 5 Make Change
'Fight the cause' Skills Builder - Rangers - Stage 6 Influence
Recycling Interest Badge - Rainbows
Investigating Interest Badge - Guides
'Our choices our voices' UMA - Rangers